



SILAPATHAR SCIENCE COLLEGE

NSS UNIT

A REPORT ON

“SPECIAL CAMP” ORGANISED AT ADOPTED VILLAGE SILI ASOMIYA GAON

PREPARED BY

DR. PRADEEP UPADHYAYA

NSS PROGRAMME OFFICER

SILAPATHAR SCIENCE COLLEGE

Acknowledgement

Firstly, I express my sincere gratitude to **Dr. Ranjit Saikia, Principal, Silapathar Science College** for providing the opportunity, creating a positive environment and providing suggestions right from scheduling the programme to the conclusion of the Special Camp at the adopted village "Sili Asomiya Gaon". His constant helping hand is undeniable.

Secondly, I am deeply in touch with the people of Sili Asomiya Gaon where people's love and affection greatly motivated the volunteers in rendering their work.

Thirdly, I extend my gratitude to **Mr. Ramesh Sonowal**, Headmaster, Sili Surjodai High School for permitting us in conducting different activities in the school. The help received from Mr. Budhin Phukon, Durga Gautam has to be acknowledged.

Fourthly, I extend my sincere gratitude to **Mr. Nihar Jyoti Lahon**, Coordinator, Unnat Bharat Abhiyaan, who was like a shadow and has his print in every activities performed. I also acknowledge the Support of Silapathar Science acollege and Senior secondary school faculty members **Mr. Utpal Dutta, Mr. Vicky Das, Mrs. Barnali Handique, Ms. Nikita Boruah** and **Mr. Migom Pegu** whose physical support was really a booster for the camp. The Suggestion and help received from **IQAC coordinator, Dr. Partha Nath Dutta**, is also to be worth mentioned.

I also acknowledge the support of **Mr. Debajit Buragohain** and his family for the constant help at different times when required.

Last but not the least a huge round of applause for the NSS volunteers for their active participation.

Thanking in galore.

Dr. Pradeep Upadhyaya
Programme Officer
Silapathar Science College
NSS unit

Day 1(Clean Drive Programme and Voter's awareness Campaign)

The first day of special camp started with the clean drive program in the newly adopted village. The volunteers and the villagers collaboratively joined hand to hand in the clean drive programme. A brief interaction with the villagers regarding the features and the problems regarding the village were discussed. Light refreshment was also served for the volunteers by one of the village dwellers to show their love and emotional attachment towards students. After the refreshment the volunteers also launched a campaign on Voter's awareness where the newly added voters were encouraged to be part of the democracy and come forward to cast their voting rights.





DAY 2 (Survey of youth neither in formal education nor unemployed)

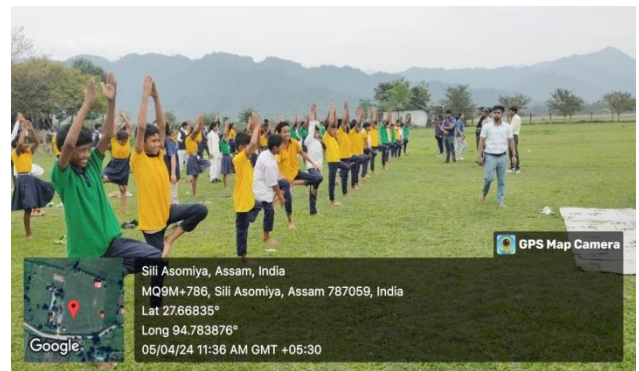
The second day of the special camp was basically focused on the survey to be done around the village area finding all such individual who are under 15-29 years of age and are deprived of formal education as well as unemployed. The group was divided into six comprising of volunteers 5 to 6 and sent to different sections of the village. 25 such individuals were found during the survey. The survey was carried for the whole day and in between the survey lunch was served for them.



DAY 3 (Yoga and Physical Fitness Camp)

The third day of the special camp was focused on the physical fitness of an individual. For this Yoga session was planned for maintaining a sound and healthy life. Our target individuals were the students of Surjyodai High School students of class 6 to 8 from ME section. More than 100 students participated in the Yoga session. The invited Yoga Teacher Mr. Vicky Das, lecturer from Silapathar Science Senior Secondary school demonstrated some postures and exercises which are very helpful to maintain a good and healthy life. The students also actively participated in the programme. Just after the programme the volunteers and students actively participated in the sports activity and female volunteers interacted with the female students of the school and discussed the study methodology and how to prepare for examination.

The female volunteers also actively participated in the handloom weaving technique to inherit such skills. The volunteers also prepared their own food under the guidance of Mr. Nihar Jyoti Lahon, coordinator UBA.





DAY -4 (Talent Hunt, Art and Quiz Competition)

The fourth day of the special camp was focused on Art Competition for the ME section and Quiz competition organized for the HS section. The quiz master was Satyajit Lahon, one of the volunteers. The quiz was played by dividing into six groups comprising of six students in each group programme. The winners were to be awarded during the last day of the camp. Just after the programme volunteers also prepared their own food under the guidance of Mr. Nihar Jyoti Lahon, coordinator UBA. After the lunch session the volunteers undertook a door to door invitation programme to invite the villagers for the next day's health camp to be organized in association with Ayushman Arogya Mandir, sili.



The Winners were:

Art Competition		Quiz Competition		
1 st	Gauri Chutia	1 st	2 nd	3 rd
2 nd	Krishna Basumatary	Violina Phukan	Sanjoy Risong	Hukhen Chutia
3 rd	Karina Chutia	Garima Chutia	Bhaben Yein	Himal Tamang
		Janmoni Gogoi	Muhikanta Tayeng	Rahul Tamang
		Sunita Mili	Dharani taye	Bhaskar Chutia
		Rimpi Chutia	Tope Taye	Tirtha Kafley
		Junu Tamang	Jyoti Pd. Taye	Suman Rai



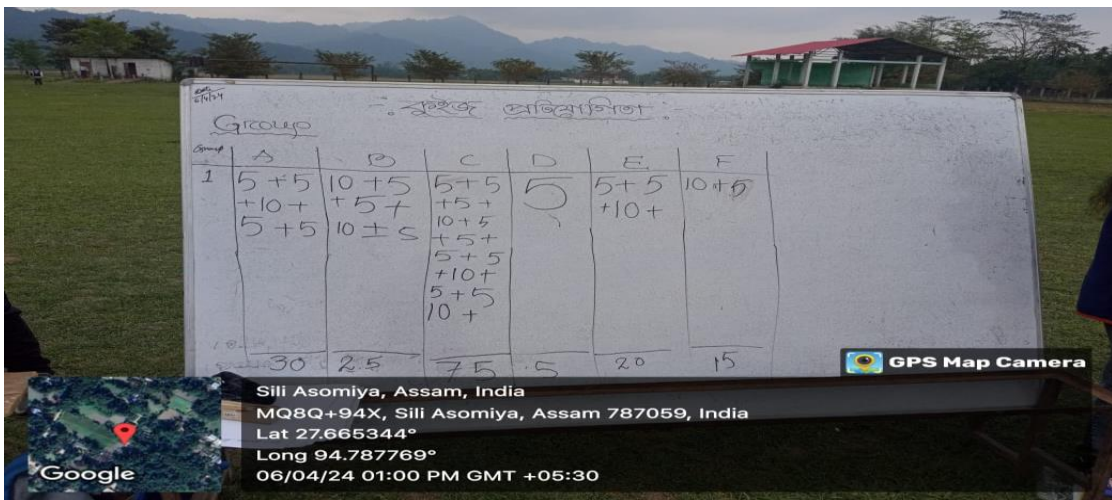
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গোষ্ঠী - বৃত্ত প্রক্রিয়া

Group	A	B	C	D	E	F
1	5+5 +10+ 5+5	10+5 +5+ 10+5	5+5 +5+ 10+5 +5+ 5+5 +10+ 5+5 10+	5	5+5 +10+	10+5
	30	25	75	5	20	15

DAY 5 (Health Camp, Celebrating World Health Day)

The fifth day was basically focused on Maintenance of good health, improving Physique and quality standard of living. On the occasion of World health Day with a special theme my health my right, the NSS unit of Silapathar Science College conducted a health camp in association with Ayushman Arogya Mandir which was headed by Ranjita Patir, Community Health Officer, Sili Ayushman Arogya Mandir assisted by Mridula Kumbang, ANM and Manjula saikia (ASHA)

In a brief speech Ranjita Patir explained the importance of the day and the necessity of conducting such camp every now and then. In between the speech she focused on how the abuse of drugs and superstitious beliefs cripples a society.

Special bus of Silapathar Science College was provided for octogenarian and centenarian in reaching their destination. A crowd of people thronged thereafter. The parameters like hypertension and RBS were checked during the process.

In a nutshell, the health camp organized was indeed a successful one.





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DAY 6 (Student's health and Hygiene, BMI INDEX)

The sixth day was mainly emphasized on student's health and hygiene. Silapathar Science College NSS unit and Unnat Bharat Abhiyaan undertook a survey at amalgamated Surjyodai High School under adopted village Sili Asomiya Gaon regarding calculation of BMI index of each student. The volunteers undertook thorough survey right from Class I to X, calculated the height and weight of each student and calculated the BMI index. The useful data has been prepared in Excel format and can be used to study the underweight, overweight and Malnutrition as well as fats level of the individual student. After the survey, UBA coordinator, Mr. Nihar Jyoti Lahon undertook a sensitization campaign containing various ingredients including basic amenities, organic farming, artisans and industrial livelihood, water management and sustainable energy. Just after the end of the programme, the last day schedule was discussed which would be a massive plantation programme of Segun(Teak) tree saplings plantation(of 70 nos.) and a cultural session in the evening.





DAY 7 (Plantation Programme and Cultural Competition)

The final day of the Silapathar Science College special camp mainly emphasized on massive plantation programme around the adopted village including holy place Naamghar and Surjyodai High School. Around 70 saplings planted during the occasion which was assisted by the Headmaster of the School Mr. Ramesh Sonowal and other subordinate teachers. Just after the plantation programme the Unit headed towards the concluding session of the 7days special camp, the cultural session. In a brief formal session, the Programme Officer, explained the aims and objectives of the special camp. After the formal speech, the various cultural events took place. The students also got a chance to display their hidden as well as dormant talent which erupted during the occasion. From LP section to High, there was spontaneous overflow of talents that could be recognized in singing, dancing and poem recitation. The winners were awarded with due respect and prizes. At the end, the Programme Officer delivered the vote of thanks where he accounted the enormous assistance from the villagers and School staffs which is inexplicable. Just after the cultural session the NSS Unit have had the prepared food themselves and finally bid adieu from the villagers for the moment.

To put it briefly, the special camp was supercalifragilisticexpialidocious.



The Winners of Dance Competition held were

1 st	Soniya Chetry
2 nd	Porinita Saikia
3 rd	Karishma Chutia



SUCCESSFUL COMPLETION OF SILAPATHAR SCIENCE COLLEGE NSS SPECIAL CAMP: A BRIEF REPORT

Introduction:

The National Service Scheme (NSS) special camp organised by Silapathar Science College NSS Unit under Programme Officer Dr. Pradeep Upadhyaya, held from 03-04-24 to 09-04-24 at adopted village Sili Asomiya Gaon, aimed to foster a spirit of community service among participants and contribute to the betterment of society. Through various activities and initiatives, the camp aimed to address local challenges, promote social cohesion, and instill values of empathy and responsibility.

Activities and Initiatives:

Community Cleanliness Drives: Participants engaged in cleaning local neighborhoods, public spaces, promoting environmental sustainability like plantation programme and hygiene, voter awareness campaign, Survey of youth not in formal education and unemployed, etc.

Awareness Campaigns:

Campaigns on social issues such as substance abuse prevention, superstitions and illogical beliefs and environmental conservation were organized to create awareness and promote positive behavioral change.

Community Engagement Events

Cultural programs, sports activities, and interactive sessions were organized in Sili Surjyodai High Schools to foster bonds within the student community and promote inclusivity.

Behavioral Change:

Awareness campaigns and workshops led to positive behavioral changes among participants and community members, promoting healthier lifestyles and responsible citizenship.

Cleanliness drives and environmental awareness like plantation programme campaigns contributed to a cleaner and greener environment, inspiring sustainable practices among residents.

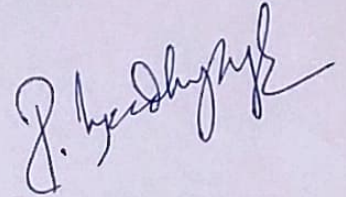
Social Cohesion:

The camp served as a platform for participants from diverse backgrounds to come together, build friendships, and work towards a common goal, promoting social harmony and unity.

Conclusion:

The successful completion of the NSS camp underscores the importance of community service in driving positive change and fostering inclusive development. By actively engaging in various initiatives, participants not only contributed to the welfare of society but also gained valuable life skills and experiences. Moving forward, it is imperative to sustain the momentum generated by the camp and continue the efforts to create a more equitable and compassionate society.

There were huge number of personalities who worked behind the screen to make the programme a successful one among them is Dr. Ranjit Saikia, Principal, Silapathar Science College for his constant support and motivation as well providing suggestion right from the initial stage of the camp.



Dr. Pradeep Upadhyaya
NSS Programme Officer
Silapathar Science College

Programme Officer, N.S.S.
Silapathar Science College.
Silapathar